

WINVIAN FARM



LITCHFIELD HILLS
CONNECTICUT

The Spa at Winvian Farm Menu

Winvian Farm offers a blissful array of five-diamond spa services at our luxury Spa in the Litchfield Hills of Connecticut. From Aromatherapy, Swedish and Hot Stone massage to restorative facials and body scrubs, we uphold a commitment to natural ingredients with esteemed Yonka Paris amenities. Winvian Farm invites individuals, couples, and area community members to indulge in our Zen-like atmosphere and restorative healing arts.

Massages

Couples Massage | Come experience our exclusive Couples Suite. After a massage of your choice, relax for an additional thirty minutes in the suite by a warm fire while sipping champagne. Couples Massage is priced per couple.

Note: Between June 1 and Labor Day we will substitute a candelabra for an actual fire.

Aromatherapy – 50 Minute – \$520++ | 80 Minute – \$605++

Deep Tissue – 50 Minute – \$540++ | 80 Minute – \$680++

Hot Stone – 50 Minute – \$595++ | 80 Minute – \$730++

Swedish – 50 Minute – \$490++ | 80 Minute – \$570++

Outdoor Couples Massages are available for an additional \$110++ per person (seasonal & weather permitting)

Swedish Massage | Designed to promote relaxation, relieve tension, and improve circulation

50 Minute – \$185++ | 80 Minute – \$225++

Signature Aromatherapy | Enjoy a full body Swedish massage using light essential oils of Cedar wood & Juniper to melt away muscle tension & improve circulation leaving you deeply relaxed and balanced.

50 Minute – \$200++ | 80 Minute – \$240++

Deep Tissue Massage | For those who require a deeper touch to penetrate the muscles by working on trigger points.

50 Minute – \$210++ | 80 Minute – \$280++

Hot Stone Massage | Smooth heated basalt stones are placed along the body's meridians and used throughout the massage to relieve tension and stress.

50 Minute – \$275++ | 80 Minute – \$305++

Pink Himalayan Salt Massage | Experience maximum relaxation as Hot Himalayan Salt Stones melt away stress and muscle tension. Himalayan Sea Salt contains 84 minerals to replenish and alkalize the skin. Heat combined with the salt releases negative ions leaving you feeling balanced and grounded.

50 Minute – \$275++ | 80 Minute – \$315++

Ashiatsu Massage | A form of barefoot massage. The therapist utilizes parallel bars in the ceiling to balance while allowing gravity to deliver deep broad pressure. Perfect modality for those seeking particularly deep work.

50 Minute – \$325++ | 80 Minute – \$380++

Prenatal Massage | This is a side-lying massage with light relaxing pressure. Great for stimulating circulation, reducing swelling, and easing neck and back pain. *Not recommended during first trimester

50 Minute – \$190++ | 80 Minute – \$245++

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Skin Care

YONKA Paris® Alpha-Vital Fruit Enzyme Peel | This anti-aging treatment is specifically designed for clients with fine lines or deep wrinkles. It will bring out the skin's natural glow, restoring smoothness as early as the first treatment. Also includes relaxing face, neck, and neckline massage.

60 Minute – \$240++

YONKA Paris® Le Grande Classique Aromatic Deep Pore Cleansing | This deep cleansing, detoxifying, and relaxing custom treatment for men and women leaves you with clean, perfectly balanced skin and a radiant complexion. Yonka's exclusive 5-step deep cleansing regimen includes exfoliation, oxygenating essential oils, and aromatic hydration. The treatment includes a face, neck, shoulder, hand & scalp massage.

60 Minute – \$215++ | Vitamin C20 serum add-on – \$35++ | Couples 60 Minute – \$390++

YONKA Paris® Éclat Cocoon | Ultra-hydrating & Relaxing Treatment with Hot Stones | For "stressed" skin that is dehydrated and lacking radiance. Using hot stones, warm intensely hydrating aromatic preparations, and an enveloping and relaxing massage, the tension is released, the complexion lights up, and the whole body gives in to tranquility and softness.

60 Minute – \$220++ | Vitamin C20 serum add-on – \$35++

YONKA Paris® Excellence Code Anti-Aging | This facial is designed for mature skin ages 55+. You will experience a deep exfoliation with energy point massage, draining & lifting techniques. You will experience a bio cellulose mask, which targets fine lines & wrinkles with a plumping result. Neck, shoulder, and hand massage are included in this facial.

60 Minute – \$275++ | Couples 60 Minute – \$485++

YONKA Paris® Hydralessence Facial | Long-lasting & Deeply Hydrating | This high-performance facial smooths & softens dry skin using 2 super hydrating masks; one including a massage with a fine aromatic mist; and the application of a repairing, hydration-reactivating duo using Yonka's exclusive techniques.

60 Minute – \$220++

YONKA Paris® Eye Treatment | Enjoy this relaxing and beneficial eye treatment, with a smoothing cream application of the face, decollate, arms, and neck. Targeting with a pressure point massage around the eyes to accelerate your blood flow and enhance your elasticity helping to reduce the signs of aging.

45 minutes - \$135 ++ | 30 minute add-on - \$100 ++

Microdermabrasion Facial Treatment | Microdermabrasion is a non-invasive, skin resurfacing procedure that gently exfoliates or polishes away the top layer of dead skin cells while stimulating collagen growth to reveal healthy new skin that looks and feels smoother. Fine lines, blemishes, dull-skin, and sunspots can be improved, especially with regular treatments. Products such as: moisturizers, creams, and lotions are more easily absorbed, and therefore more effective after microdermabrasion treatment.

This is a painless skin treatment that can be added to your beauty routine.

60 Minute – \$245++ | Vitamin C20 serum add-on – \$35++

Oxygen Facial (great for ALL skin types) | Our oxygen treatment works with added serums which contain vitamins and other active ingredients that re-energize skin cells and reverse free radical damage, thus plumping up tired and dull skin. It creates the production of new healthy skin cells, reversing signs of aging. Better for you and your skin than Botox and injectables.

60 Minute – \$275++

Crystal Clear Deluxe | Combination of our microdermabrasion and oxygen facials.

80 Minute – \$325++

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Winvian Ultimate Facial | This comprehensive facial is the ultimate care to treat the signs of mature, aging skin. It's the perfect balance of technically advanced products and sensory pleasure that promotes radiance, reduces dark spots, smooths wrinkles, and firms and sculpts the skin. This luxurious, diamond-tiered facial experience includes deep exfoliation, oxygen infusion, specialized techniques, and cryotherapy. Face, neck, shoulder, and hand massage are also included in this facial.

90 minutes - \$490++

Vitamin C25 Facial | This multi-corrective anti-aging treatment features three skin-brightening steps: deep exfoliation; 25% Vitamin C ampoule; and skin clarifying freshly prepared modeling mask. The actives of these key steps work in synergy to rejuvenate skin. Skin looks and feels younger, with renewed radiance and density. Face, neck, shoulder, and hand massage are included in this facial.

60 minutes - \$280++

Body Treatments

Winvian Total Body Reset | A balancing fusion of massage and body treatment in one. If you are looking for a total body reset and recharge, this is the treatment for you. The service includes balancing energy points on the face and neck, scalp and ear massage, plus classic full body massage fused with rebalancing movements using the indulgent Taiga warm oil candle with the aromatherapy of cedar, cypress, pine, and mandarin. You will feel refreshed, rejuvenated, and re-energized.

80 minutes – \$390++

Aroma Luxe Body Skin Treatment | Four specialized techniques were developed to showcase Yon-Ka's expertise, using an all-natural, unscented oil, which is then personalized with the concentrate of choice. Aroma-Luxe, a full body experience utilizing relaxing, draining, and energizing techniques. Aroma-Sculptant, a toning massage with bamboo that focuses on the legs for a sensation of lightness. Aroma-Relax with warm volcanic stones, eases muscle tension on the back. Finally, Aroma-Energy for the hands and feet uses acupressure to remove energy blockages and relieve stress.

50 Minutes – \$200++ | 80 Minute with Gommage Scrub – \$245++

A Walk in the Forest | Features the oxygenating and energy boosting freshness of Yonka's iconic essential oils of Frances' Forest rich landscape including Cedar and Cypress. A toning, aroma therapeutic full body treatment that adds Chinese Bamboo sticks for enhanced toning and sculpting benefits. These specialized techniques are both vibrational and gentle, bringing lightness and energy to the large muscles of the body for an experience that transports you to oxygen rich forests and the healing forces of nature. The treatment also features dry brushing and a Guerande sea salt scrub infused with red and brown algae and nourishing and repairing plant oils for a robust and invigorating total body exfoliation well suited for body sculpting while controlling the appearance of cellulite. You'll leave this luxurious full body slimming treatment noticeably more toned with a deep sense of relaxation and well-being.

80 Minutes – \$275++

***NEW* Winvian's Summer Glow** | A classic treatment that provides an authentic golden glow without the damaging effects of the sun's UV rays. Featuring full body dry brushing, followed by a relaxing manual application of sunless tanner. Golden color develops 3-4 hours after treatment and lasts for several days.

Note: Please wear loose, comfortable clothing post-treatment. Do not shower, swim, or exercise for 4-6 hours afterwards so as not to wash or sweat off the sunless tanner.

30 minutes Legs Only - \$158 ++ (includes take home product to extend your glow)

60 minutes Full Body - \$258 ++ (includes take home product to extend your glow)

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Enhance Your 50 ~ 60 Minute Treatment

Scalp Massage | Warm oil is massaged throughout the scalp, working to relax tight muscles in the temple and neck regions.

30-minute Add-on - \$75++ | 30 minutes alone - \$105++

Hydro/Aromatherapy Tub | Sixty-three strategically placed jets offer an underwater massage, with or without adding scented oils.

30-minute Add-on - \$110++

Reflexology | An ancient therapy using gentle pressure on the feet to relieve pain and tension in the body while restoring energy and balance.

30-minute Add-on - \$105++

YONKA Paris® Warm Candle Add-On | This treatment includes aromatic, cleansing of the hands and feet, followed by gentle, hydrating exfoliation, and dry brushing. Next the Warm Yonka Candle is used for relaxing massage. The treatment finishes with warm cocooning of the hands and feet.

30-minute Add-on - \$ 125++

YONKA Paris® Gommage (Exfoliating Back Scrub) | Non-abrasive, botanical body polish of your back that gently removes dead skin cells, provides clarity for dull skin, hydrates, and balances the skin. Due to the borneol and white nettle, it soothes and purifies. Essential oils can be added for further relaxation and detoxification treatment.

30-minute Add-on - \$65++

YONKA Paris® Eye Treatment | Enjoy this relaxing and beneficial eye treatment, with a smoothing cream application of the face, decollete, arms, and neck. Targeting with a pressure point massage around the eyes to accelerate your blood flow and enhance your elasticity helping to reduce the signs of aging.

30 minute Add-on - \$100 ++

CBD Oil | Cannabidiol has natural, anti-inflammatory effects. Adding CBD oil to a massage can reduce inflammation, soothe chronic pain, and ease tension. Our CBD oil is nut and fragrance free.

Add \$55++ to the cost of any massage

Other Spa Services

Private Yoga | This private session is focused exclusively on your needs and skill level.

60 Minute – \$155+ | Additional Person(s) –\$55+ (exempt from use with spa credits)

Private Tibetan Sound Therapy | Spend one hour relaxing the mind and body while also promoting healing. With the use of Tibetan and crystal singing bowls, clear your energetic blockages and induce a state of ease and harmony.

60 Minute – \$155+ | Additional Person(s) –\$55+ (exempt from use with spa credits)

Reflexology | An ancient therapy using gentle pressure on the feet and hands to relieve pain and tension in the body while restoring energy and balance.

50 Minute -- \$195+

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Spa Packages

Reserve the morning or afternoon to pamper yourself with one of Winvian Farm's exclusive spa packages created with everyone in mind, to unwind and relax.

Vivian

- 60 Minute – Private Yoga Session
 - 60 Minute – Le Grand Classique Facial
 - 60 Minute – Swedish Massage
- \$505++ per Person**

Harmony

- 80 Minute – Aroma Luxe Body Treatment with Gommage Exfoliating Scrub
 - 80 Minute – Hot Stone Massage
- \$490++ per Person**

Serenity

- 80 Minute – Aromatherapy Massage
 - 60 Minute – Hydralessence Facial
 - 30 Minute – Reflexology
- \$550++ per Person**

Eau

Midweek Package Only (Tues/Wed/Thu)

- 60 Minute – Deep Tissue Massage
 - 60 Minute – Hydralessence Facial
 - 30 Minute – Hydrotherapy Tub + Phyto Bain Hydrating Oil
- \$486++ per Person (includes 10% mid-week discount)**

Winvian Farm Spa Cancellation Policy

Cancellations will be accepted without charge 24 hours prior to your appointed time. Late arrivals will not receive an extension of scheduled treatments and will be charged in full. If you cancel within 24 hours of your scheduled service, you will be charged a cancellation fee of 30% of the scheduled treatment or treatments. Should you have any questions, please do not hesitate to contact our Spa at (860) 567-9600, option #3 or spa@winvian.com