

# WINVIAN

## SPA MENU



# WELCOME

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Winvian offers a blissful array of five-diamond spa services at our luxury Spa in the Litchfield Hills of Connecticut. From Aromatherapy, Swedish and Hot Stone massage to restorative facials and body scrubs, we uphold a commitment to natural ingredients with esteemed Yon-Ka Paris amenities. Winvian Farm invites individuals, couples, and area community members to indulge in our Zen-like atmosphere and restorative healing arts.





# MASSAGES

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## SWEDISH

Designed to promote relaxation, relieve tension, and improve circulation.

**50 minute** - \$195++ | **80 minute**- \$255 ++

## SIGNATURE AROMATHERAPY

Enjoy a full body Swedish massage using the light essential oils of Cedar wood & Juniper to melt away muscle tension, improve circulation leaving you deeply relaxed.

**50 minute** - \$215++ | **80 minute**- \$265 ++

## DEEP TISSUE

For those who require a deeper touch to penetrate the muscles by working trigger points.

**50 minute** - \$235++ | **80 minute** - \$295++

## HOT STONE

Smooth heated basalt stones are placed along the body's meridians and used throughout the massage to relieve tension and stress.

**50 minute** - \$275++ | **80 minute** - \$350++

## PINK HIMALAYAN SALT

Hot Himalayan Salt Stones melt away stress and muscle tension. Himalayan Sea Salt contains 84 minerals to replenish and alkalize the skin. Heat combined with the salt releases negative ions leaving you balanced and grounded.

**50 minute** - \$275++ | **80 minute** - \$325++

## ASHIATSU MASSAGE

A form of barefoot massage. The therapist utilizes parallel bars in the ceiling to balance while allowing gravity to deliver deep broad pressure. Perfect modality for those seeking particularly deep work.

**50 minute** - \$325++ | **80 minute** - \$395++

## PRENATAL MASSAGE

This is a side-lying massage with light relaxing pressure. Great for stimulating circulation, reducing swelling, and easing neck and back pain.

\*not recommended for first trimester\*

**50 minute** - \$235++ | **80 minute** - \$295++



# COUPLES MASSAGES

Indulge in the ultimate relaxation experience with our exclusive Couples Suite. Unwind with a luxurious massage tailored to your preference, and then take pleasure in thirty minutes of pure bliss in our suite next to a crackling fire, all while enjoying a glass of chilled champagne. Our Couples Massage package is priced per couple, ensuring that you and your partner can bask in the tranquility and rejuvenation together.

## SWEDISH

Designed to promote relaxation, relieve tension, and improve circulation.

**50 minute - \$515++ | 80 minute- \$685++**

## SIGNATURE AROMATHERAPY

Enjoy a full body Swedish massage using the light essential oils of Cedar wood & Juniper to melt away muscle tension, improve circulation leaving you deeply relaxed.

**50 minute - \$555++ | 80 minute- \$705++**

## DEEP TISSUE

For those who require a deeper touch to penetrate the muscles by working trigger points.

**50 minute - \$595++ | 80 minute- \$765++**

## HOT STONE

Smooth heated basalt stones are placed along the body's meridians and used throughout the massage to relieve tension and stress.

**50 minute - \$715++ | 80 minute- \$875++**

# SKIN CARE



## YON-KA PARIS® ALPHA-VITAL FRUIT ENZYME PEEL

This anti-aging treatment is specifically designed for clients with fine lines or deep wrinkles. It will bring out the skin's natural glow, restoring smoothness as early as the first treatment. Also includes relaxing face, neck, and neckline massage

**60 minute - \$255++**

## YON-KA PARIS® LE GRANDE CLASSIQUE AROMATIC DEEP PORE CLEANSING

This exclusive treatment curated by Yon-Ka deeply cleanses, detoxifies, and relaxes. Leaving the skin clean, balanced, and radiant. It involves a 5-step regimen with exfoliation, oxygenating essential oils, and hydration, along with a massage for the face, neck, shoulders, hands, and scalp.

**60 minute - \$230++ | Vitamin C20 Serum Add-On - \$45++**  
**Couples 60 minute - \$600 ++**

## YON-KA PARIS® ÉCLAT COCOON ULTRA-HYDRATING & RELAXING TREATMENT WITH HOT STONES

This anti-aging treatment is specifically designed for clients with fine lines or deep wrinkles. It will bring out the skin's natural glow, restoring smoothness as early as the first treatment. Also includes relaxing face, neck, and neckline massage

**60 minute - \$235++**  
**Vitamin C20 Serum Add-On - \$45++**

## YON-KA PARIS® EXCELLENCE CODE ANTI-AGING

This facial is designed for mature skin ages 55+. You will experience a deep exfoliation with energy point massage, draining & lifting techniques. You will experience a bio cellulose mask, which targets fine lines & wrinkles with a plumping result. Neck, shoulder, and hand massage are included in this facial.

**50 minute - \$305++**

## YON-KA PARIS® HYDRALESSENCE FACIAL LONG-LASTING & DEEPLY HYDRATING

This high-performance facial smooths & softens dry skin using 2 super hydrating masks; one including a massage with a fine aromatic mist; and the application of a repairing, hydration-reactivating duo using Yon-Ka's exclusive techniques.

**50 minute - \$245++**

## YON-KA PARIS® EYE TREATMENT

Enjoy this relaxing and beneficial eye treatment, with a smoothing cream application of the face, decollate, arms, and neck. Targeting with a pressure point massage around the eyes to accelerate your blood flow and enhance your elasticity helping to reduce the signs of aging.

**45 minute - \$155++**  
**30-minute add-on - \$100 ++**

# SKIN CARE CONT.



## MICRODERMABRASION

Microdermabrasion is a non-invasive skin resurfacing procedure that removes dead skin cells, stimulates collagen growth, and improves skin texture. It helps with fine lines, blemishes, dull skin, and sunspots, enhancing the absorption and effectiveness of skincare products.

**60 minute - \$285++**

**Vitamin C20 Serum Add-On - \$45++**

## OXYGEN FACIAL

Our oxygen treatment with added serums revitalizes skin cells, reverses free radical damage, and boosts new healthy skin cell production, reducing signs of aging. It is a natural alternative to Botox and injectables.

**50 minute - \$375++**

## CRYSTAL CLEAR DELUXE

Combination of our microdermabrasion and oxygen facials

**80 minute- \$375++**

## WINVIAN ULTIMATE FACIAL

This comprehensive facial is the ultimate care to treat the signs of mature, aging skin. It's the perfect balance of technically advanced products and sensory pleasure that promotes radiance, reduces dark spots, smooths wrinkles, and firms and sculpts the skin. This luxurious, diamond-tiered facial experience includes deep exfoliation, oxygen infusion, specialized techniques, and cryotherapy. Face, neck, shoulder, and hand massage are also included in this facial.

**90 minute- \$490++**

## VITAMIN C25 FACIAL

This multi-corrective anti-aging treatment features three skin-brightening steps: deep exfoliation; 25% Vitamin C ampoule; and skin clarifying freshly prepared modeling mask. The actives of these key steps work in synergy to rejuvenate skin. Skin looks and feels younger, with renewed radiance and density. Face, neck, shoulder, and hand massage are included in this facial.

**60 minute - \$295++**

# BODY TREATMENTS

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## WINVIAN TOTAL BODY RESET

A balancing fusion of massage and body treatment in one. If you are looking for a total body reset and recharge, this is the treatment for you. The service includes balancing energy points on the face and neck, scalp and ear massage, plus classic full body massage fused with rebalancing movements using the indulgent Taiga warm oil candle with the aromatherapy of cedar, cypress, pine, and mandarin. You will feel refreshed, rejuvenated, and re-energized.

**80 minute - \$390++**

## AROMA LUXE BODY SKIN TREATMENT

Four specialized techniques were developed to showcase Yon-Ka's expertise, using an all natural, unscented oil, which is then personalized with the concentrate of choice. Aroma-Luxe, a full body experience utilizing relaxing, draining, and energizing techniques. Aroma-Sculptant, a toning massage with bamboo that focuses on the legs for a sensation of lightness. Aroma-Relax with warm volcanic stones, eases muscle tension on the back. Finally, Aroma-Energy for the hands and feet uses acupressure to remove energy blockages and relieve stress.

**50 minute - \$225++**

**80 minute with Gommage Scrub - \$265++**



## A WALK IN THE FOREST

Experience the invigorating blend of Yon-Ka's renowned essential oils from the lush forests of France, such as Cedar and Cypress, offering oxygenation and energy. This full-body treatment combines toning and aromatherapy, incorporating Chinese Bamboo sticks for enhanced sculpting and toning. These specialized techniques, gentle yet energizing, target the major muscle groups, providing a rejuvenating experience reminiscent of oxygen-rich forests and the healing power of nature. The treatment includes dry brushing, a Guerande sea salt scrub infused with red and brown algae, and nourishing plant oils. This comprehensive treatment aids in body sculpting and helps reduce the appearance of cellulite. After indulging in this luxurious slimming session, you will emerge noticeably more toned, deeply relaxed, and with a heightened sense of well-being.

**80 minute - \$305++**

## WINVIAN'S SUMMER GLOW

A classic treatment that provides an authentic golden glow without the damaging effects of the sun's UV rays. Featuring full body dry brushing, followed by a relaxing manual application of sunless tanner. Golden color develops 3-4 hours after treatment and lasts for several days.

**Note:** Please wear loose, comfortable clothing post-treatment. Do not shower, swim, or exercise for 4-6 hours afterwards so as not to wash or sweat off the sunless tanner.

**30 minute - Legs Only - \$158 ++**

**60 minute Full Body - \$258++**

# ENHANCE

*\*CAN BE ADDED TO ANY 50-60 MINUTE TREATMENT*



## SCALP MASSAGE

Warm oil is massaged throughout the scalp, working to relax tight muscles in the temple and neck regions.

**30 minute Add-on - \$75++**

**30 minutes alone - \$105++**

## HYDRO/AROMATHERAPY TUB

Sixty-three strategically placed jets offer an underwater massage, with or without adding scented oils.

**30 minute Add-on - \$120++**

## REFLEXOLOGY

An ancient therapy using gentle pressure on the feet to relieve pain and tension in the body while restoring energy and balance.

**30 minute Add-on - \$110++**

## CBD OIL

Cannabidiol has natural, anti-inflammatory effects. Adding CBD oil to a massage can reduce inflammation, soothe chronic pain, and ease tension. Our CBD oil is nut and fragrance free.

**Add \$55++ to the cost of any massage**

## YON-KA PARIS® GOMMAGE (EXFOLIATING BACK SCRUB)

Non-abrasive, botanical body polish of your back that gently removes dead skin cells, provides clarity for dull skin, hydrates, and balances the skin. Due to the borneol and white nettle, it soothes and purifies. Essential oils can be added for further relaxation and detoxification treatment.

**30 minute - \$100++**

## YON-KA PARIS® EYE TREATMENT

Enjoy this relaxing and beneficial eye treatment, with a smoothing cream application of the face, decollate, arms, and neck. Targeting with a pressure point massage around the eyes to accelerate your blood flow and enhance your elasticity helping to reduce the signs of aging.

**30 minute Add-on - \$100++**

## YON-KA PARIS® WARM CANDLE ADD-ON

This treatment includes aromatic, cleansing of the hands and feet, followed by gentle, hydrating exfoliation, and dry brushing. Next the Warm Yon-Ka Candle is used for relaxing massage. The treatment finishes with warm cocooning of the hands and feet.

**30 minute Add-on - \$125++**

# OTHER SERVICES

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## PRIVATE YOGA

This private session is focused exclusively on your needs and skill level.

**60 minutes \$155++ | Additional Person(s) - \$55++**  
*Exempt from use of spa credits*



## REFLEXOLOGY

An ancient therapy using gentle pressure on the feet to relieve pain and tension in the body while restoring energy and balance.

**50 minutes - \$110++**

## PRIVATE TIBETAN SOUND THERAPY

Spend one hour relaxing the mind and body while also promoting healing. With the use of Tibetan and crystal singing bowls, clear your energetic blockages and induce a state of ease and harmony.

**60 minute - \$155++ | Additional Person(s) - \$55++**  
*Exempt from use of spa credits*





# PACKAGES

Reserve the morning or afternoon to pamper yourself with one of Winvian Farm's exclusive spa packages created with everyone in mind, to unwind and relax.

**Available Monday through Friday**

## EAU

**60 minute**

Deep Tissue Massage

**60 minute**

Hydraessence Facial

**80 minute**

Hydrotherapy Tub + Phyto  
Bain Hydrating Oil

\$540++ Per Person

## VIVIAN

**60 minute**

Private Yoga Session

**60 minute**

Le Grande Classique Facial

**60 minute**

Swedish Massage  
\$522++ Per Person

## SERENITY

**80 minute**

Aromatherapy Massage

**60 minute**

Eclat Cocoon Facial

**30 minute**

Reflexology

\$550++ Per Person

## HARMONY

**80 minute**

Aroma Luxe Body Treatment with  
Gommage Exfoliating Scrub

**80 minute**

Hot Stone Massage

\$554++ Per Person

## SANTÉ

**60 minute**

Pink Himalayan Salt Massage

**60 minute**

Oxygen Facial

**60 minute**

Tibetan Sound Therapy

\$670++ Per Person

## THE COMFY~COZY PACKAGE

**2 HOUR**

**30 minute**  
Reflexology

**30 minute**  
Gommage  
Exfoliating Scrub

**60 minute**  
Le Grande Facial

*FREE YON-KA LOTION*  
\$383++ Per Person

**3 HOUR**

**80 minute**  
Pink Himalayan Salt  
Massage

**30 minute**  
Gommage  
Exfoliating Scrub

**60 minute**  
Eclat Cocoon Facial

*FREE YON-KA GIFT BOX*  
\$581++ Per Person