



LITCHFIELD HILLS
CONNECTICUT



PACKAGES

Reserve the morning or afternoon to pamper yourself with one of Winvian's exclusive spa packages created with everyone in mind, to unwind and relax.

Available Monday through Friday

WINTHROP

60 minute

Personal Training Session

60 minute

Gentleman's Facial

60 minute

Deep Tissue Massage

596 per person

HARMONY

80 minute

Aroma Luxe Body Treatment with
Gommage Exfoliating Scrub

80 minute

Hot Stone Massage

650 per person

VIVIAN

60 minute

Private Yoga Session

60 minute

Le Grande Classique Facial

60 minute

Swedish Massage

596 per person

EAU

60 minute

Deep Tissue Massage

60 minute

Hydralessence Facial

30 minute

Hydrotherapy Tub + Phyto
Bain Hydrating Oil

648 per person

SERENITY

80 minute

Aromatherapy Massage

60 minute

Éclait Cocoon Facial

30 minute

Reflexology

660 per person

SANTÉ

60 minute

Pink Himalayan Salt Massage

60 minute

Oxygen Facial

60 minute

Tibetan Sound Therapy

773 per person

THE COMFY~COZY PACKAGE

2 HOUR

30 minute
Reflexology

30 minute
Scalp Massage

60 minute
Le Grande Facial

460 per person

3 HOUR

80 minute
Pink Himalayan Salt
Massage

30 minute
Scalp Massage

60 minute
Le Grande Facial

698 per person



SCALP & HAIR RENEWAL HEAD SPA

This elevated ritual is tailored to the unique needs of your hair and scalp. Beginning with a personalized consultation and gentle scalp analysis, the experience unfolds through a sequence of clarifying cleanses, restorative treatments, and replenishing hydration. Soothing massage techniques release tension, encourage circulation, and help restore balance to the scalp while nourishing the hair from root to tip. The result is a refreshed scalp, revitalized strands, and a deep sense of tranquility that lingers long after the treatment concludes.

60 minute 390

SCALP & HAIR RENEWAL HEAD SPA + FACIAL

Enjoy all the restorative benefits of our customized Hair & Scalp Ritual, enhanced with a personalized facial performed while your hair receives a deeply nourishing conditioning treatment. This extended experience leaves the scalp refreshed, hair revitalized, skin radiant, and the mind deeply relaxed.

80 minute 456

For optimal results, guests are encouraged to leave their hair damp, allowing the restorative products additional time to absorb. A shower and hair dryer are available in the locker room for guests who prefer to rinse or dry their hair before departing.

MASSAGES

SWEDISH

Designed to promote relaxation, relieve tension, and improve circulation.

50 minute 234 | **80 minute** 306

DEEP TISSUE

For those who require a deeper touch to penetrate the muscles by working trigger points.

50 minute 282 | **80 minute** 354

PINK HIMALAYAN SALT

Hot Himalayan Salt Stones melt away stress and muscle tension. Himalayan Sea Salt contains 84 minerals to replenish and alkalize the skin. Heat combined with the salt releases negative ions leaving you balanced and grounded.

50 minute 330 | **80 minute** 420

HOT STONE

Smooth heated basalt stones are placed along the body's meridians and used throughout the massage to relieve tension and stress.

50 minute 330 | **80 minute** 420

SIGNATURE AROMATHERAPY

Enjoy a full-body Swedish massage using the light essential oils of Cedarwood & Juniper to melt away muscle tension and improve circulation - leaving you deeply relaxed.

50 minute 258 | **80 minute** 318

PRENATAL MASSAGE

This is a side-lying massage with light relaxing pressure. Great for stimulating circulation, reducing swelling, and easing neck and back pain.

not recommended for first trimester

50 minute 282 | **80 minute** 354

Prices are inclusive of a 20% service charge. Any additional gratuity is distributed directly to your provider

Expectant mothers must be beyond their first trimester to enjoy spa services

Inquire for Pricing for Outdoor Massage



COUPLES MASSAGES

Enjoy a personalized couples massage in our private suite, followed by thirty minutes beside a crackling fire with chilled Champagne. Priced per couple.

SWEDISH

Designed to promote relaxation, relieve tension, and improve circulation.

50 minute 618 | **80 minute** 822

HOT STONE

Smooth heated basalt stones are placed along the body's meridians and used throughout the massage to relieve tension and stress.

50 minute 858 | **80 minute** 1050

SIGNATURE AROMATHERAPY

Enjoy a full-body Swedish massage using the light essential oils of Cedarwood & Juniper to melt away muscle tension and improve circulation - leaving you deeply relaxed.

50 minute 666 | **80 minute** 846

DEEP TISSUE

For those who require a deeper touch to penetrate the muscles by working trigger points.

50 minute 714 | **80 minute** 918

Prices are inclusive of a 20% service charge. Any additional gratuity is distributed directly to your provider

Inquire for Pricing for Outdoor Massage

SKIN CARE



RETINOL-LIKE [RE]NEW FACIAL

This multi-corrective anti-aging treatment features three skin-brightening steps: deep exfoliation; 25% Vitamin C ampoule; and skin clarifying freshly prepared modeling mask. The actives of these key steps work in synergy to rejuvenate skin. Skin looks and feels younger, with renewed radiance and density. Face, neck, shoulder, and hand massage are included in this facial.

80 minute 461

CRYSTAL CLEAR DELUXE

Combination of our microdermabrasion and oxygen facials

70 minute 540

OXYGEN FACIAL

Our oxygen treatment with added serums revitalizes skin cells, reverses free radical damage, and boosts new healthy skin cell production, reducing signs of aging. It is a natural alternative to Botox and injectables.

60 minute 450

MICRODERMABRASION

Microdermabrasion is a non-invasive skin resurfacing procedure that removes dead skin cells, stimulates collagen growth, and improves skin texture. It helps with fine lines, blemishes, dull skin, and sunspots, enhancing the absorption and effectiveness of skincare products.

60 minute 342

Vitamin C20 Serum Add-On 45

WINVIAN ULTIMATE FACIAL

This comprehensive facial is the ultimate care to treat the signs of mature, aging skin. It's the perfect balance of technically advanced products and sensory pleasure that promotes radiance, reduces dark spots, smooths wrinkles, and firms and sculpts the skin. This luxurious, diamond-tiered facial experience includes deep exfoliation, oxygen infusion, specialized techniques, and cryotherapy. Face, neck, shoulder, and hand massage are also included in this facial.

80 minute 588

VITAMIN C25 FACIAL

This multi-corrective anti-aging treatment features three skin-brightening steps: deep exfoliation; 25% Vitamin C ampoule; and skin clarifying freshly prepared modeling mask. The actives of these key steps work in synergy to rejuvenate skin. Skin looks and feels younger, with renewed radiance and density. Face, neck, shoulder, and hand massage are included in this facial.

60 minute 354

GENTLEMAN'S FACIAL YON-KA'S MEN'S INTENSIVE

An energizing facial for men that revives a tired and dull complexion. The treatment can be customized to purify, hydrate, or combat lines and wrinkles and is suitable for all skin types. The 50-minute treatment includes massage for the face, neck and shoulders.

30 minute 245 | **50 minute** 276

Prices are inclusive of a 20% service charge. Any additional gratuity is distributed directly to your provider

SKIN CARE CONT.

YON-KA PARIS® LE GRANDE CLASSIQUE AROMATIC DEEP PORE CLEANSING

This exclusive treatment curated by Yon-Ka deeply cleanses, detoxifies, and relaxes.

Leaving the skin clean, balanced, and radiant. It involves a 5-step regimen with exfoliation, oxygenating essential oils, and hydration, along with a massage for the face, neck, shoulders, hands, and scalp.

60 minute 276 | Couples 60 minute 600
Vitamin C20 Serum Add-On 45

YON-KA PARIS® CBD SLEEP TREATMENT

Yon-Ka's CBD treatment for the face, back, hands, and feet relieves tension and promotes restful sleep through a multi-sensory experience with pure CBD. This soothing treatment includes a relaxing back massage and targets 9 energy points to combat stress, combined with a hydrating facial to rebalance your skin. Ideal for reducing stress and enhancing sleep, this treatment is perfect for anyone needing rest and recovery.

70 minute 372

YON-KA PARIS® ALPHA-VITAL FRUIT ENZYME PEEL

This anti-aging treatment is specifically designed for clients with fine lines or deep wrinkles. It will bring out the skin's natural glow, restoring smoothness as early as the first treatment. Also includes relaxing face, neck, and neckline massage

60 minute 305

YON-KA PARIS® EXCELLENCE CODE ANTI-AGING

This facial is designed for mature skin - ages 55+. Indulge in deep exfoliation with an energy point massage, draining, and lifting techniques.

You will experience a bio-cellulose mask, which targets fine lines & wrinkles with a plumping result. Neck, shoulder, and hand massages are included in this facial.

60 minute 366

YON-KA PARIS® HYDRALESSENCE FACIAL LONG-LASTING & DEEPLY HYDRATING

This high-performance facial smooths & softens dry skin using 2 super hydrating masks; one including a massage with a fine aromatic mist; and the application of a repairing, hydration-reactivating duo using Yon-Ka's exclusive techniques.

60 minute 294

YON-KA PARIS ÉCLAIT COCOON® ULTRA-HYDRATING & RELAXING TREATMENT WITH HOT STONES

This anti-aging treatment is specifically designed for clients with fine lines or deep wrinkles. It will bring out the skin's natural glow, restoring smoothness as early as the first treatment. Also includes relaxing face, neck, and neckline massage.

60 minute 282

Vitamin C20 Serum Add-On 45

Prices are inclusive of a 20% service charge. Any additional gratuity is distributed directly to your provider



BODY TREATMENTS

WINVIAN TOTAL BODY RESET

A balancing fusion of massage and body treatment in one. If you are looking for a total body reset and recharge, this is the treatment for you. The service includes balancing energy points on the face and neck, scalp and ear massage, plus classic full body massage fused with rebalancing movements using the indulgent Taiga warm oil candle with the aromatherapy of cedar, cypress, pine, and mandarin. You will feel refreshed, rejuvenated, and re-energized.

80 minutes 461

A WALK IN THE FOREST

Experience Yon-Ka's invigorating essential oils from France, like Cedar and Cypress, in a full-body treatment that combines toning and aromatherapy. This rejuvenating method targets major muscle groups and includes dry brushing, a Guerande sea salt scrub with algae, and nourishing plant oils. The treatment aids in body sculpting, reduces cellulite appearance, and leaves you feeling more toned, relaxed, and well.

80 minute 366

AROMA LUXE BODY SKIN TREATMENT

Four specialized techniques were developed to showcase Yon-Ka's expertise, using an all natural, unscented oil, which is then personalized with concentrate of choice.

Aroma-Luxe, a full body experience utilizing relaxing, draining, and energizing techniques. Aroma-Sculptant, a toning massage with bamboo that focuses on the legs for a sensation of lightness. Aroma-Relax with warm volcanic stones, eases muscle tension on the back. Finally, Aroma-Energy for the hands and feet uses acupressure to remove energy blockages and relieve stress.

50 minutes 270

With Gommage Scrub 318

WINVIAN STRETCH

This is a full body stretch with a focus on relieving tension. Improves flexibility, range of motion, posture, circulation, releases endorphins, and reduces muscle tension.

50 minute 234

Prices are inclusive of a 20% service charge. Any additional gratuity is distributed directly to your provider

ENHANCE

CAN BE ADDED TO ANY TREATMENT



SCALP TREATMENT

A refreshing hair wash and soothing scalp massage to ease tension and stimulate circulation.

30 minute add-on 264

HYDRO TUB

Sixty-three strategically placed jets offer an underwater massage, with or without adding scented oils.

30 minute add-on 150

SCALP MASSAGE

Warm oil is massaged throughout the scalp, working to relax tight muscles in the temple and neck regions.

30 minute add-on 90

30 minute alone 126

REFLEXOLOGY

An ancient therapy using gentle pressure on the feet to relieve pain and tension in the body while restoring energy and balance.

30 minute add-on 132

CBD OIL

Cannabidiol has natural, anti-inflammatory effects. Adding CBD oil to a massage can reduce inflammation, soothe chronic pain, and ease tension. Our CBD oil is nut and fragrance free.

Add 66 to any massage or facial

YON-KA PARIS® WARM CANDLE

This treatment includes aromatic, cleansing of the hands and feet, followed by gentle, hydrating exfoliation, and dry brushing. Next the Warm Yon-Ka Candle is used for relaxing massage. The treatment finishes with warm cocooning of the hands and feet.

Add 150 to any massage or facial

YON-KA PARIS® GOMMAGE (EXFOLIATING BACK SCRUB)

Non-abrasive, botanical body polish of your back that gently removes dead skin cells, provides clarity for dull skin, hydrates, and balances the skin. Due to the borneol and white nettle, it soothes and purifies. Essential oils can be added for further relaxation and detoxification treatment.

Add 120 to any massage, facial, or body treatment

Prices are inclusive of a 20% service charge. Any additional gratuity is distributed directly to your provider

WELLNESS RITUALS

YOGA

A session is focused exclusively on your needs and skill level.

60 minutes 150 | **Additional Person(s)** 100



PILATES

A restorative, core-strengthening Pilates experience designed to align body and breath.

60 minutes 150 | **Additional Person(s)** 100

BARRE

A graceful, full-body barre workout that blends ballet-inspired movement with mindful strength and sculpting

60 minutes 150 | **Additional Person(s)** 100

TIBETAN SOUND THERAPY

Spend one hour relaxing the mind and body while also promoting healing. With the use of Tibetan and crystal singing bowls, clear your energetic blockages and induce a state of ease and harmony.

60 minutes 250 (1-2 people) | **Additional Person(s)** 50

REIKI

A calming, hands-on energy treatment that guides the body back into balance. Gentle touch and focused intention help release tension, quiet the mind, and support emotional well-being.

60 minutes 250

Available as a solo session only

